

# PENGUINS DON'T WEAR HEELS

**SHOULD YOU?**

**MAKE THE  
SMART CHOICE  
THIS WINTER**

**Smooth soles  
and high heels  
are dangerous  
on ice and snow.**

**Flat, textured  
soles made of  
non-slip rubber  
soles offer far  
better traction.**



**STOP WINTER FALLS.  
WALK LIKE A PENGUIN.**



Winter Walking Safety Tips  
Environmental Health & Safety

**CONSIDER PRODUCTS THAT  
ATTACH TO YOUR SHOES FOR  
ADDED TRACTION.**