



Date Issued: 6/23/2025

Time Issued: 08:10 a.m.

HEAT ADVISORY

Timing:

Now until 6:00 p.m. Tuesday, June 24th, 2025

The Forecast:

Heat index values as high as 104 expected.

Hazards and Impacts:

- Hot temperatures and high humidity may cause heat related illnesses to occur. Overnight relief from the heat will be minimal due to the warm nighttime temperatures, especially in urban areas.

Personal Safety:

- Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on relatives and neighbors.
- Young children and pets should never be left unattended in vehicles under any circumstances. This is especially true during hot weather when car interiors can reach lethal temperatures in a matter of minutes.

Precautionary Actions:

- Take extra precautions if you work or spend time outside.
- When possible, reschedule strenuous activities to early morning or evening. Know the signs and symptoms of heat exhaustion and heat stroke.
- Wear lightweight and loose-fitting clothing when possible.
- To reduce risk during outdoor work, the Occupational Safety and Health Administration recommends scheduling frequent rest breaks in shaded or air-conditioned environments. Anyone overcome by heat should be moved to a cool and shaded location. Heat stroke is an emergency! Call 9 1 1.

****Upcoming:** Additional notifications provided as warranted.