

Check Your Tread!

Temperatures are dropping. It's time to get proactive about winter walking safety! What can you do to get ready *before* the snow and ice arrive? Check your tread! Just like the tread on your tires, the tread on your winter walking boots wears down over time. When your tread is worn down, you slip and slide – just like you would if you were driving on bald tires. So get your boots out and check your tread! If you've got "bald boots", start shopping for rubber soles and non-slip tread!





Walk Like a Penguin

Now that the first snow has arrived, remember to Walk Like a Penguin! Walk flat footed. Keep your arms out (not in your pockets) to maintain balance. Point your feet out slightly, take short steps and shuffle to increase stability

Use handrails and walk in designated walkways (no off-sidewalk short cuts which don't receive maintenance!) Always assume dark wet areas on pavement are black ice.

Call Grounds on the SNOW & ICE REMOVAL HOTLINE at x5-0000 to report hazardous walking conditions. No matter how well the snow and ice is removed from parking lots or sidewalks, pedestrians will still encounter slippery surfaces in winter. Dew or water vapor can freeze on cold surfaces, forming a nearly invisible layer of black ice. Prevent a co-worker's fall, call your information in!

<u>Facilities Snow Removal Webpage</u> Check the forecast, sign up for weather notifications and learn more about the snow removal process at the Facilities Snow Removal webpage: http://www.facilities.rochester.edu/snow/index.php?div=home

<u>Employee Incident Form</u> If you do fall, fill out an Employee Incident Form at http://www.safety.rochester.edu/SMH115.html

